

Wise Coalition for Healthy Children

led by Cook Children's

2013 Wise County Child Health Summit
"One Thing" exercise

Participant responses to the question: what is the *one thing* that he/she could do to help with child abuse prevention?

1. I will become a facilitator to help lead the parent cafés in my community.
2. Teach Nurturing Parenting and recruit facilitators.
3. Share with and educate others about coalition.
4. Continue advocating for child abuse prevention in the community.
5. Practice patience.
6. Inform others.
7. Provide a place for parenting training.
8. Inform others of the prevalence of abuse of boys.
9. Encourage parents with praise each time I see them being nurturing parents and let them know about Nurturing Parenting and Period of Purple Crying resources.
10. Publish findings nationally.
11. Be a resource for children's health.
12. Speak up about the issue.
13. Seek more information.
14. Help finish parent café toolkit!
15. Educate my community about child abuse.
16. Discuss this program with others: Family, Friends, Church Leaders, Other Community Leaders – to bring folks together to become aware and prevent and educate.
17. Work to place the information on PURPLE Crying in all Wise County Schools.
18. Register to train as a parenting class facilitator.
19. Join the coalition.
20. Facilitator training.
21. Continue promoting "child abuse" prevention on the WCHC.
22. Share the message.
23. Speak out against abuse.
24. Invite a speaker to speak to our staff and parents.
25. Learn more about Period of Purple Crying and begin sharing this information with others.
26. Set up a parent information night.
27. Be a source of information on community resources that provide assistance.
28. Raise Awareness to prevent Abuse.
29. Coordinate public health activities through Wise Regional Health System.
30. Get involved in Nurturing Parenting.
31. Be trained and facilitate parent cafés.
32. Tell new moms about the Period of Purple Crying and to re-think how we view an infant crying.
33. Additional communication methods/meetings.
34. Provide Information to Public – 211 Services, local services.
35. Promote the Vision and Mission of WCHC to all groups within the county on an ongoing basis!
36. Presentations.
37. Train to lead a parent café.

38. Invite speakers to address our staff at school.
39. Use my knowledge to teach parents & be a role model as well.
40. AWARENESS.
41. Continue to support the community in the education process.
42. To help children who we may need help and also tell people about child abuse.
43. Spread the word about child abuse and neglect and be the voice to those in the community.
44. Get involved.
45. As a reporter for the local newspaper, I can write an article informing our readers of all the opportunities we learned about today.
46. I can host Parent Cafés at my church.
47. Publicity/Facility.
48. The Center for Children's Health will continue to support & lift-up WCHC's efforts. —Larry Tubb