Mental Health Connection of Tarrant County
Women’s Center of Tarrant County

February 11, 2013
KEEPING OUR PROMISE

Knowing that every child’s life is sacred, it is the promise of Cook Children’s to improve the health of every child in our region through the prevention and treatment of illness, disease and injury.
Top child health issues for Cook Children’s

- Asthma
- Abuse
- Access
- Mental
- Weight
- Dental

Provided for the benefit of the children in our community by Cook Children’s.
Cook Children’s is committed to...

Giving our community access to the data and the tools to act

Continuing to use the data to research, understand and communicate children’s health issues and potential solutions

Creating a “Center for Children’s Health” to sustain this effort
Our Goal:
The Center for Children's Health will oversee CCHAPS, community research and health outreach, with the goal of creating aligned collaborations that will lead to improved child health outcomes.
CCHAPS Region Coalitions . . .

Wise Coalition for Healthy Children
Child Abuse Prevention

Healthy Children Coalition for Parker County
Childhood Obesity

Hood County for Healthy Children
Child Abuse Prevention

Wellness Alliance for Total Children's Health [WATCH] of Denton County
Mental Health

Safe Kids of Tarrant County
The Mental Health Connection
Children’s Oral Health Coalition
Healthy Tarrant Co Collaboration
Save a Smile
Immunization Collaboration and MANY OTHERS

Johnson County Alliance for Healthy Kids
Childhood Obesity
Comparing the surveys
Tarrant County
## Tarrant County

<table>
<thead>
<tr>
<th></th>
<th>2008</th>
<th>Total Surveys</th>
<th>2012</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td>5,137</td>
</tr>
<tr>
<td>Surveys</td>
<td>4,712</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th></th>
<th>Boys</th>
<th></th>
<th>52.8%</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>52.4%</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>47.0%</td>
<td></td>
<td>47.0%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th></th>
<th>Hispanic</th>
<th></th>
<th>26.6%</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>24.8%</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>2.8%</td>
<td></td>
<td>3.8%</td>
</tr>
<tr>
<td></td>
<td>8.1%</td>
<td>African American</td>
<td>8.9%</td>
</tr>
<tr>
<td></td>
<td>0.5%</td>
<td>Native American</td>
<td>0.5%</td>
</tr>
<tr>
<td></td>
<td>59.7%</td>
<td>Caucasian</td>
<td>56.9%</td>
</tr>
<tr>
<td></td>
<td>2.4%</td>
<td>Multi-racial</td>
<td>2.3%</td>
</tr>
</tbody>
</table>

Source: CCHAPS 2008 and CCHAPS 2012
## Tarrant County

<table>
<thead>
<tr>
<th>Number of years in this community:</th>
<th>2012</th>
</tr>
</thead>
<tbody>
<tr>
<td>Answered CCHAPS 2008</td>
<td>16.6%</td>
</tr>
<tr>
<td>0 – 5 years</td>
<td>19.0%</td>
</tr>
<tr>
<td>6 – 10 years</td>
<td>31.2%</td>
</tr>
<tr>
<td>11 – 15 years</td>
<td>22.8%</td>
</tr>
<tr>
<td>16 – 20 years</td>
<td>13.0%</td>
</tr>
<tr>
<td>21 – 30 years</td>
<td>7.1%</td>
</tr>
<tr>
<td>31+ years</td>
<td>5.4%</td>
</tr>
</tbody>
</table>

*Source: CCHAPS 2008 and CCHAPS 2012*
Notable changes

The Center for Children’s Health
led by Cook Children’s

Provided for the benefit of the children in our community by: Cook Children’s
Our six-county’s population ages 0 – 14 grew 13.5% over a four year period from 612,526 in 2008 to 695,194 in 2012. Future growth is projected at a rate of 9.2% for an estimated 759,449 children 0 – 14 by 2017.

Source: The Neilson Company, Thompson Reuters: Demographic Expert 2.7
# NOTABLE CHANGES

## Children’s general health improved

### In general how would you describe your child’s health?

<table>
<thead>
<tr>
<th>Excellent / Very Good</th>
<th>2008</th>
<th>2012</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Denton</strong></td>
<td>88.4%</td>
<td>90.6%</td>
</tr>
<tr>
<td><strong>Hood</strong></td>
<td>85.2%</td>
<td>90.6%</td>
</tr>
<tr>
<td><strong>CCHAPS Region</strong></td>
<td>84.8%</td>
<td>87.1%</td>
</tr>
<tr>
<td><strong>Parker</strong></td>
<td>84.7%</td>
<td>92.7%</td>
</tr>
<tr>
<td><strong>Tarrant</strong></td>
<td>83.7%</td>
<td>85.2%</td>
</tr>
<tr>
<td><strong>Johnson</strong></td>
<td>83.4%</td>
<td>86.8%</td>
</tr>
<tr>
<td><strong>Wise</strong></td>
<td>81.9%</td>
<td>89.0%</td>
</tr>
<tr>
<td><strong>National</strong></td>
<td>84.0%</td>
<td>84.0%</td>
</tr>
<tr>
<td><strong>Texas</strong></td>
<td>78.0%</td>
<td>78.0%</td>
</tr>
</tbody>
</table>

**NOTABLE CHANGES – in Tarrant County**

**Easier to access children's health services**

<table>
<thead>
<tr>
<th>Service</th>
<th>2008</th>
<th>2012</th>
</tr>
</thead>
<tbody>
<tr>
<td>Immunizations</td>
<td>91.1%</td>
<td>93.5%</td>
</tr>
<tr>
<td>Care for short term illness</td>
<td>87.6%</td>
<td>91.9%</td>
</tr>
<tr>
<td>Preventive health care</td>
<td>88.8%</td>
<td>92.4%</td>
</tr>
<tr>
<td>Preventive dental care</td>
<td>82.3%</td>
<td>90.2%</td>
</tr>
<tr>
<td>Treatment of injuries</td>
<td>74.0%</td>
<td>83.2%</td>
</tr>
<tr>
<td>Treatment for dental problems or pain</td>
<td>70.7%</td>
<td>80.4%</td>
</tr>
<tr>
<td>Care for long-term illness</td>
<td>53.5%</td>
<td>63.9%</td>
</tr>
<tr>
<td>Specialized care for specific conditions</td>
<td>59.3%</td>
<td>67.9%</td>
</tr>
<tr>
<td>Mental health care</td>
<td>30.2%</td>
<td>39.7%</td>
</tr>
</tbody>
</table>

**Source:** CCHAPS 2008 and CCHAPS 2012
## NOTABLE CHANGES – in Tarrant County

### Improved awareness / health literacy

<table>
<thead>
<tr>
<th>Service Type</th>
<th>2008</th>
<th>2012</th>
<th>Change</th>
</tr>
</thead>
<tbody>
<tr>
<td>Types of dental health services</td>
<td>65.1%</td>
<td>73.7%</td>
<td>↑</td>
</tr>
<tr>
<td>Where to get information about child health issues</td>
<td>64.8%</td>
<td>76.0%</td>
<td>↑</td>
</tr>
<tr>
<td>Types of health care services available</td>
<td>60.4%</td>
<td>70.9%</td>
<td>↑</td>
</tr>
<tr>
<td>Types of preventive programs</td>
<td>31.1%</td>
<td>33.7%</td>
<td>↑</td>
</tr>
<tr>
<td>Types of social services</td>
<td>26.8%</td>
<td>34.9%</td>
<td>↑</td>
</tr>
<tr>
<td>Types of mental health services</td>
<td>24.9%</td>
<td>33.9%</td>
<td>↑</td>
</tr>
</tbody>
</table>

Source: CCHAPS 2008 and CCHAPS 2012
Mental health or childhood emotional, behavioral and mental wellness
# Tarrant County Profile of Children aged 0 – 14: MENTAL

<table>
<thead>
<tr>
<th></th>
<th>2008</th>
<th>2012</th>
</tr>
</thead>
<tbody>
<tr>
<td>A diagnosed mental health issue</td>
<td>9.7%</td>
<td>7.3%</td>
</tr>
<tr>
<td>Bullied at school</td>
<td>9.6%</td>
<td>10.1%</td>
</tr>
<tr>
<td>Did not receive needed service</td>
<td>2.0%</td>
<td>1.2%</td>
</tr>
<tr>
<td>Experienced a trauma</td>
<td>6.2%</td>
<td>5.8%</td>
</tr>
<tr>
<td>Had self-esteem issues</td>
<td>12.3%</td>
<td>8.8%</td>
</tr>
</tbody>
</table>

Source: CCHAPS 2008 and CCHAPS 2012
NEW in 2012

$n = 5,137$

Child was cyber-bullied

0.6%

Family environment:

Harder to care for than others

20.6%

Angry with child in last 30 days

<table>
<thead>
<tr>
<th>Frequency</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Every day</td>
<td>2.3%</td>
</tr>
<tr>
<td>Every other day</td>
<td>5.6%</td>
</tr>
<tr>
<td>Once per week</td>
<td>25.5%</td>
</tr>
<tr>
<td>Once</td>
<td>24.3%</td>
</tr>
<tr>
<td>Never</td>
<td>39.8%</td>
</tr>
</tbody>
</table>
Child mental health and other child health issues

The Center for Children’s Health
led by Cook Children’s

Provided for the benefit of the children in our community by: Cook Children’s
Tarrant County:
Children with mental health issues and GENERAL HEALTH

In general, how would you describe your child’s health?

- **Excellent**
  - 39%
  - 1.3 x MORE likely

- **Very Good**
  - 32%
  - 27%
  - 1.7 x LESS likely

- **Good**
  - 22%
  - 22%
  - 2.0 x MORE likely

- **Fair**
  - 6%
  - 11%
  - 3.0 x MORE likely

- **Poor**
  - 0%
  - 0%

Source: CCHAPS 2012
**Tarrant County:**

Children with mental health issues and ASTHMA

<table>
<thead>
<tr>
<th>Does your child currently have asthma?</th>
<th>In the ER in past year for asthma symptoms?</th>
</tr>
</thead>
<tbody>
<tr>
<td>18%</td>
<td>8%</td>
</tr>
<tr>
<td>11%</td>
<td>11%</td>
</tr>
<tr>
<td>24%</td>
<td>3.0 x LESS likely</td>
</tr>
<tr>
<td>1.6 x MORE likely</td>
<td></td>
</tr>
</tbody>
</table>

**Source:** CCHAPS 2012
Tarrant County: Children with mental health issues and their WEIGHT

What is your child’s BMI classification?

- **Underweight**: 10% (1.25 x MORE likely)
  - 2012, With Mental Health Issues: 8%
  - 2012, Without Mental Health issues: 10%

- **Normal weight**: 52% (1.1 x LESS likely)
  - 2012, With Mental Health Issues: 46%
  - 2012, Without Mental Health issues: 52%

- **Overweight**: 17% (1.1 x MORE likely)
  - 2012, With Mental Health Issues: 14%
  - 2012, Without Mental Health issues: 17%

- **Obese**: 28% (1.3 x MORE likely)
  - 2012, With Mental Health Issues: 25%
  - 2012, Without Mental Health issues: 28%

Source: CCHAPS 2012
## Tarrant County: Children with mental health issues and ACTIVITY

<table>
<thead>
<tr>
<th>Activity</th>
<th>With Mental Health Issues</th>
<th>Without Mental Health Issues</th>
</tr>
</thead>
<tbody>
<tr>
<td>How many days of 30 minutes physical activity in the past week?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4-6 days</td>
<td>36%</td>
<td>39%</td>
</tr>
<tr>
<td>7 days</td>
<td>38%</td>
<td>46%</td>
</tr>
<tr>
<td>How many minutes of TV or video games yesterday?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1-2 hours</td>
<td>39%</td>
<td>24%</td>
</tr>
<tr>
<td>2+ hours</td>
<td>18%</td>
<td>9%</td>
</tr>
</tbody>
</table>

1.1 x LESS likely, 1.2 x LESS likely, 1.6 x MORE likely

Source: CCHAPS 2012
**Tarrant County:**
Children with mental health issues and NUTRITION

- **Number of times family members ate a meal together**
  - 7 times: 17% (2012, With Mental Health Issues), 31% (2012, Without Mental Health Issues)
  - 8-14 times: 12% (2012, With Mental Health Issues), 15% (2012, Without Mental Health Issues)

- **How often you discuss healthy eating habits with your child?**
  - Weekly: 31% (2012, With Mental Health Issues), 35% (2012, Without Mental Health Issues)
  - Daily: 52% (2012, With Mental Health Issues), 50% (2012, Without Mental Health Issues)

Source: CCHAPS 2012
Tarrant County: 
Children with mental health issues and NUTRITION

Are there grocery stores nearby that have fresh foods?

How many servings of VEGETABLES did your child eat yesterday?

How many servings of FRUIT did your child eat yesterday?

Source: CCHAPS 2012

Provided for the benefit of the children in our community by: Cook Children’s
Tarrant County: Children with mental health issues and SAFETY

Does your child wear a bike helmet when more than 1 block from home?

I feel my child is safe in school . . .

1.3 x LESS likely

1.3 x MORE likely

1.2 x LESS likely

1.3 x MORE likely

Source: CCHAPS 2012
**Tarrant County:**

Children with mental health issues and DENTAL HEALTH

- **Has your child visited a dentist for a general exam in the past year?**
  - With Mental Health Issues: 94%
  - Without Mental Health Issues: 84%

- **Has your child had their teeth professionally cleaned in the past year?**
  - With Mental Health Issues: 90%
  - Without Mental Health Issues: 79%

- **Has your child had his/her teeth sealed or varnished in the past year?**
  - With Mental Health Issues: 44%
  - Without Mental Health Issues: 37%

**Source:** CCHAPS 2012

**Note:**
- 1.2 x MORE likely
- 1.1 x MORE likely

Provided for the benefit of the children in our community by: [Cook Children's](#)
Tarrant County: Children with mental health issues and ABUSE

Do you think your child has been . . . . .

- 3.9 x MORE likely
- 35%

- 5.0 x MORE likely
- 9%

- 7.0 x MORE likely
- 20%

- 4.0 x MORE likely
- 4%

- Neglected
- 1%

- Physically abused
- 1%

- Sexually abused
- 2%

- Psychologically abused
- 1%

- Bullied at school
- 4%

Source: CCHAPS 2012

Provided for the benefit of the children in our community by: Cook Children’s
Provided for the benefit of the children in our community by:
Tarrant County Profile of Children aged 0 – 14: MENTAL

Has your child ever had self esteem problems?

<table>
<thead>
<tr>
<th></th>
<th>Male</th>
<th>Female</th>
</tr>
</thead>
<tbody>
<tr>
<td>n = 5,137, 8.8% YES</td>
<td>54%</td>
<td>46%</td>
</tr>
</tbody>
</table>

As early as age 3, there are concerns about self esteem.
- Age 9: 10%
- Age 11: 17%
- Age 14: 14%

Source: CCHAPS 2012
Tarrant County Profile of Children aged 0 – 14: MENTAL

Have you ever been told by a doctor or health care provider that your child has a mental illness or disorder?

<table>
<thead>
<tr>
<th></th>
<th>Male</th>
<th>Female</th>
</tr>
</thead>
<tbody>
<tr>
<td>n = 5,137, 7.3% YES</td>
<td>62.5%</td>
<td>37.5%</td>
</tr>
</tbody>
</table>

Source: CCHAPS 2012
Tarrant County Profile of Children aged 0 – 14: MENTAL

Has your child ever had academic problems at school?

<table>
<thead>
<tr>
<th></th>
<th>Male</th>
<th>Female</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>66.6%</td>
<td>33.3%</td>
</tr>
</tbody>
</table>

The school setting is a challenge and the gap between boys and girls has declined slightly since 2008. Overall, academic problems were reported more as age increased.

- Age 11: 13.2%
- Age 12: 13.5%
- Age 14: 14.0%

Source: CCHAPS 2012
Tarrant County Profile of Children aged 0 – 14: MENTAL

Has your child ever had behavioral problems at school?

<table>
<thead>
<tr>
<th></th>
<th>Male</th>
<th>Female</th>
</tr>
</thead>
<tbody>
<tr>
<td>n = 5,137, 8.5% YES</td>
<td>69.7%</td>
<td>30.3%</td>
</tr>
</tbody>
</table>

The school setting is a growing challenge not only academically but in terms of behavior as well, beginning at a younger age.

- Age 7: 10.0%
- Age 9: 10.1%
- Age 11: 11.5%
- Age 14: 12.0%

Source: CCHAPS 2012
Tarrant County Profile of Children aged 0 – 14: MENTAL

Has your child ever been suspended from daycare, school or a program due to “reported” behavior problems?

<table>
<thead>
<tr>
<th>n = 5,137, 3.0% YES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Male</td>
</tr>
<tr>
<td>72.8%</td>
</tr>
</tbody>
</table>

Age 3 2.2%
Age 10 2.0%
Age 11 4.7%
Age 14 6.2%

Perhaps there are key ages or grades to intervene with assistance at the individual, family, and school environment.
Tarrant County Profile of Children aged 0 – 14: MENTAL

Has your child ever been bullied or teased a lot at school?

<table>
<thead>
<tr>
<th></th>
<th>Male</th>
<th>Female</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>n = 5,137, 10.1% YES</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Male</td>
<td>58.0%</td>
<td>42.0%</td>
</tr>
<tr>
<td>Age 3</td>
<td>3.4%</td>
<td></td>
</tr>
<tr>
<td>Age 6</td>
<td>8.4%</td>
<td></td>
</tr>
<tr>
<td>Age 9</td>
<td>9.5%</td>
<td></td>
</tr>
<tr>
<td>Age 12</td>
<td>20.1%</td>
<td></td>
</tr>
<tr>
<td>Age 14</td>
<td>15.9%</td>
<td></td>
</tr>
</tbody>
</table>

This not unexpected as kids become more interactive with others when they enter first grade.

Source: CCHAPS 2012
Tarrant County Profile of Children aged 0 – 14: MENTAL

Has your child ever bullied other children?

<table>
<thead>
<tr>
<th></th>
<th>Male</th>
<th>Female</th>
</tr>
</thead>
<tbody>
<tr>
<td>n = 5,137, 2.6% YES</td>
<td>54.6%</td>
<td>45.4%</td>
</tr>
</tbody>
</table>

Source: CCHAPS 2012
Child mental health and the family environment

The Center for Children’s Health
led by Cook Children’s

Provided for the benefit of the children in our community by: Cook Children’s
Tarrant County: Children with mental health issues and PERINATAL ISSUES

How would you describe Mom’s health prior to having this child?

- Excellent: 30%, 48%
- Very good: 33%, 34%

Was your child breastfed or received breast milk?

- Yes: 64%, 76%
- No: 36%, 24%

For what period did your child receive breast milk?

- 7 weeks - 6 months: 32%, 34%
- 7-12 months: 32%, 30%

1.2 x LESS likely
1.6 x LESS likely
1.5 x MORE likely

Source: CCHAPS 2012
Tarrant County: Children with mental health issues and PARENT ISSUES

How would you describe your relationship with your child?

- Very close: 91% (2012, With Mental Health Issues), 94% (2012, Without Mental Health Issues)
- Somewhat close: 8% (2012, With Mental Health Issues), 6% (2012, Without Mental Health Issues)

How well are you coping with the day-to-day demands of parenthood?

- Very well: 50% (2012, With Mental Health Issues), 47% (2012, Without Mental Health Issues)
- Somewhat well: 71% (2012, With Mental Health Issues), 29% (2012, Without Mental Health Issues)

Is there someone on whom you rely for day-to-day support with parenting?

- Yes: 84% (2012, With Mental Health Issues), 92% (2012, Without Mental Health Issues)
- No: 16% (2012, With Mental Health Issues), 8% (2012, Without Mental Health Issues)

Source: CCHAPS 2012
**Tarrant County:**
Children with mental health issues and HOME HYGIENE

How often are alcoholic beverages consumed in your home?

- Seldom or never: 41% (2012, With Mental Health Issues), 91% (2012, Without Mental Health Issues)
- Daily: 5% (2012, With Mental Health Issues), 5% (2012, Without Mental Health Issues)

1.1 x LESS likely

How often do people smoke cigarettes in your home?

- Seldom or never: 92% (2012, With Mental Health Issues), 9% (2012, Without Mental Health Issues)
- Daily: 5% (2012, With Mental Health Issues), 5% (2012, Without Mental Health Issues)

1.8 x MORE likely

Source: CCHAPS 2012
Tarrant County: Children with mental health issues and their FAMILY

Do you talk to your child EACH DAY about . . . . .?

- **Friends and companions**: 46% (2012, With Mental Health Issues) vs. 50% (2012, Without Mental Health Issues)
- **His/Her interests**: 68% vs. 68%
- **His/Her concerns**: 55% vs. 58%
- **Drug or alcohol use**: 4% vs. 7%
- **Sexual activity**: 3%

1.1 x LESS likely

Slightly LESS likely

1.8 x LESS likely

Slightly LESS likely

Source: CCHAPS 2012
www.centerforchildrenshealth.org

The Center for
Children’s Health
led by Cook Children’s

Provided for the benefit of the
children in our community by:
Cook Children’s
Welcome to The Center for Children's Health, led by Cook Children's, home to the Community-wide Children's Health Assessment & Planning Survey (CCHAPS), Community Health Outreach and Community Health Research. The center's goal is to create aligned collaborations that will allow us to make our North Texas region one of the healthiest places to raise a child.

Recognizing that no one organization can make this happen alone, Cook Children's and The Center for Children's Health are working with other like-minded organizations in its six-county region. We are committed to providing resources and facilitating collaboration in communities interested in children's health.
Through a rigorous process and many collaborative ventures, Cook Children’s used CCHAPS data to pinpoint seven key issues impacting the health of children in our community. These issues include:

- Abuse
- Mental health
- Access to care
- Obesity
- Asthma
- Safety
- Dental health
- Preventive care

Coalitions have formed in each of the outlying counties in our service region to address one of these issues. The individual counties chose:

- Denton County - mental health
- Hood County - child abuse prevention
- Johnson County - childhood obesity prevention
- Parker County - childhood obesity prevention
- Tarrant County - dental health, mental health, safety and prevention
- Wise County - child abuse prevention

As progress is made, the coalitions will tackle additional children’s health issues.

Tarrant County is home to several coalitions led or funded by Cook Children’s that also focus on these issues. The Community Health Outreach department at Cook Children’s leads the Children’s Oral Health Coalition, Safe Kids Tarrant County and Save a Smile.
The Center for Children’s Health county coalitions

The Center for Children’s Health is proud to lead coalitions in our six-county region that are dedicated to making North Texas one of the healthiest places to raise a child by 2030. These coalitions are responsible for bringing together key stakeholders who are committed to improving the health and well-being of children ages 0-14 in their regions.

- Denton County
- Hood County
- Johnson County
- Parker County
- Tarrant County
- Wise County
Community-wide Children’s Health Assessment & Planning Survey (CCHAPS) data results

Announcing 2012 CCHAPS survey results!
We are pleased to share our ongoing commitment to the community and our continued efforts to address children's health issues by sharing the results from the 2012 CCHAPS. The results from the survey provide another data point and an update on the health of children in our six-county service area.

Through this survey, we hope to build on the baseline of data we’ve already gathered and further refine the questions to uncover more specific information.

As with the 2008 CCHAPS, the ETC Institute executed the primary research for this project and followed much of the same protocols as the original survey, including:

- Hosting a technical review panel of survey experts to guide our survey process
- Reviewing secondary data (Healthy People 2020, Kids COUNT and the National Survey of Children’s Health)
- Surveying a representative sample of the population ages 0-14 in our six-county region, which includes Denton, Hood, Johnson, Parker, Tarrant and Wise
- Conducting post-survey focus groups with both parents and children for response clarity
Community-wide Children’s Health Assessment & Planning Survey results CCHAPS

Search Data

2008 and 2012 Community-wide Children’s Health Assessment and Planning Survey

The survey data available for query on this Web site was collected by ETC Institute as directed by Cook Children’s Health Care System. The survey data was a result of a random, mailed survey to households with children 0-14 years of age. It includes households in Tarrant, Denton, Johnson, Parker, Hood and Wise counties. A total of 7,439 complete surveys were received from a mailing of 21,550 in 2008. A total of 8,394 complete surveys were received from a mailing of 53,000 in 2012. The respondents answered more than 60 questions about the health and overall well-being of one child in their home.

Click here to view and compare the data

Suggested citation when referencing CCHAPS:

When referencing the data file:

Community-Wide Children’s Health Assessment and Planning Survey 2008 and/or 2012 [CCHAPS 2008 and/or 2012] accessed <month Year> at http://www.cchaps.org

When referencing other content on the Web site:

“<title of article or content>” Community-Wide Children’s Health Assessment and Planning Survey 2008 and/or 2012 [CCHAPS 2008 and/or 2012] accessed at http://www.cchaps.org within the <specify area> section of the site.

Or:

“<title of article or content>” Community-Wide Children’s Health Assessment and Planning Survey 2008 and/or 2012 [CCHAPS 2008 and/or 2012] accessed <Month Year> at <insert page specific URL>.

For more information about CCHAPS or for more in-depth survey analysis, please direct requests to cchaps@cookchildrens.org or call 682-883-6590.
How many times did this child visit an Emergency Room during the past 12 months?

Number of Responses (n): 2008 = 7430, 2012 = 4200

<table>
<thead>
<tr>
<th></th>
<th>Percentage of Respondents</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>2008</td>
</tr>
<tr>
<td>0</td>
<td>75.36%</td>
</tr>
<tr>
<td>1</td>
<td>15.54%</td>
</tr>
<tr>
<td>2</td>
<td>3.71%</td>
</tr>
<tr>
<td>3</td>
<td>0.96%</td>
</tr>
<tr>
<td>4 or more</td>
<td>0.93%</td>
</tr>
<tr>
<td>Not provided</td>
<td>0.48%</td>
</tr>
</tbody>
</table>

Export Format: Excel Workbook (*.xls)
The Center for Children’s Health

Provided for the benefit of the children in our community by:
PARENT RESOURCES

www.cookchildrens.org/Checkup

The Center for Children’s Health
led by Cook Children’s
The Center for Children’s Health

- Take our six week health challenge
- Improve our children's health
- Stories and parenting ideas
- Great recipes for great kids
- Shared experience and perspective
- Take the work out of homework
- Hard time finding health information?
- Bring families to the table
- Pocket guide for parents
SO NOW WHAT?
The World Health Organization and the United States’ Centers for Disease Control and Prevention agree:

80% of all chronic disease is preventable
Leading cause of death in US for all ages?

<table>
<thead>
<tr>
<th>Year</th>
<th>Total Deaths</th>
<th>Deaths from Heart Disease</th>
<th>1950</th>
<th>2008</th>
</tr>
</thead>
<tbody>
<tr>
<td>1952</td>
<td>1,443,607</td>
<td>2,471,986</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2012</td>
<td>518,607</td>
<td>616,828</td>
<td>18.9%</td>
<td>25.4%</td>
</tr>
</tbody>
</table>

Sources:

Provided for the benefit of the children in our community by:
SO, What determines our HEALTH?

Physical Health:
- eating well and being physically active.

Mental Health:
- cope / manage stress for a healthy outlook

Social Health:
- interacting / appreciating time with others

Spiritual Health:
- a healthy, loving faith relationship

Environmental Health:
- protecting the conditions in which we live

Intellectual Health:
- value / active in learning new information

Occupational Health:
- supporting a productive life

---

Source: March 1997. J. Of Public Health Mgmt. and Practice
INCENTING BEHAVIOR?

$2.7$ Trillion in Annual HEALTHCARE

Source: M. Hartman, A. Martin, J. Benson, A. Catlin, the National Health Expenditure Accounts Team. National Health Spending In 2011. Health Aff January 2013 vol. 32 no. 1 87-99
20 bright, well-intentioned people; brilliantly executing 20 perfectly designed improvement efforts, cannot make a difference if they are going in 20 different directions.
Every person in the child’s ecosystem... is needed to make a difference

<table>
<thead>
<tr>
<th>PHILANTHROPY</th>
<th>PUBLIC POLICY</th>
</tr>
</thead>
<tbody>
<tr>
<td>ADVOCACY GROUPS</td>
<td>ENVIRONMENT (Social)</td>
</tr>
<tr>
<td>SERVICE ORGANIZATIONS</td>
<td>ENVIRONMENT (Natural)</td>
</tr>
<tr>
<td>MEDICAL CARE</td>
<td>ENVIRONMENT (Built)</td>
</tr>
<tr>
<td>FAITH</td>
<td>BUSINESS</td>
</tr>
<tr>
<td>ACADEMIA and RESEARCH</td>
<td>PUBLIC HEALTH</td>
</tr>
<tr>
<td>CHILD</td>
<td>SCHOOL</td>
</tr>
<tr>
<td>FAMILY</td>
<td>INSURERS</td>
</tr>
</tbody>
</table>

Copyright 2011, Cook Children’s Health Care System All Rights Reserved
BUT, if those people work on a common agenda with mutually reinforcing actions, shared measures and constant communication – we will have a positive “collective impact” on the health of our children.

Adapted from and used with the permission of Insightformation, Inc.
Children 0-14 are 24% of Tarrant County’s population.

But they are 100% of our FUTURE
Provided for the benefit of the children in our community by:

THANK YOU FOR YOUR HELP “KEEPING OUR PROMISE”