Healthy lifestyles and childhood obesity prevention

Priority health issue

Johnson County, a community choosing healthy habits to build healthy generations.

Current members

- Alvarado Independent School District
- Burleson Independent School District
- CASA of Johnson County
- Children’s Advocacy Center of Johnson County
- City of Burleson
- City of Cleburne
- Cleburne Independent School District
- Community Opportunities Inc.
- East Cleburne Community Center
- Family Crisis Center Johnson County
- Halley Holloway
- Harvest House
- H-E-B Burleson
- Huguley Medical Associates
- Joshua YMCA
- Rio Vista Independent School District
- Dr. Lori Rose, Hill College
- Southwestern Adventist University
- Tarrant Area Food Bank
- Texas A&M AgriLife Extension Service of Johnson County
- Texas Department of State Health Services
- Texas Health Hospital Cleburne
- Texas Health Huguley Hospital
- United Way of Johnson County
- Venus Independent School District

GOAL 1
RAISE AWARENESS of Johnson County health data.

GOAL 2
PROVIDE HEALTHY LIFESTYLE TRAINING for children and families.

GOAL 3
PARTNER WITH COMMUNITY ORGANIZATIONS to sustain improvement in children’s health.
**Fiscal year 2015 accomplishments**

A **5210** was adopted as main approach to prevent childhood obesity in Johnson County.

- **4,573** educational resources distributed
- **1,665** nutrition and physical activity tools distributed

- **2** Godley High School students received an award on behalf of the Health Occupations Students of America for their presentations of 5-2-1-0 messages to younger students.

- **1,639 children** (duplicated) received education on **5210**

- **66** individual volunteers (unduplicated) gave **411** volunteer hours to support coalition activities

- The coalition and funding partners helped 531 children plant and maintain 3 community gardens

For more information, contact jammie.josephson@cookchildrens.org.