Depression and Anxiety in Children and Adolescents

- All children experience anxiety. In fact, it is expected and normal at specific times in development.

- When does anxiety become problematic and when should parents seek professional help?

- Types of Anxiety Disorders in Children and Adolescents
  
  Separation Anxiety and School Refusal

  Phobias

  Obsessive-Compulsive Disorder (OCD)

  Panic Disorder

  Posttraumatic Stress Disorder (PTSD)

  Social Anxiety Disorder

- Treatment Interventions for Anxiety

- How to talk to children about war and terrorism (domestically and internationally)

- Treatment Interventions for Depression