

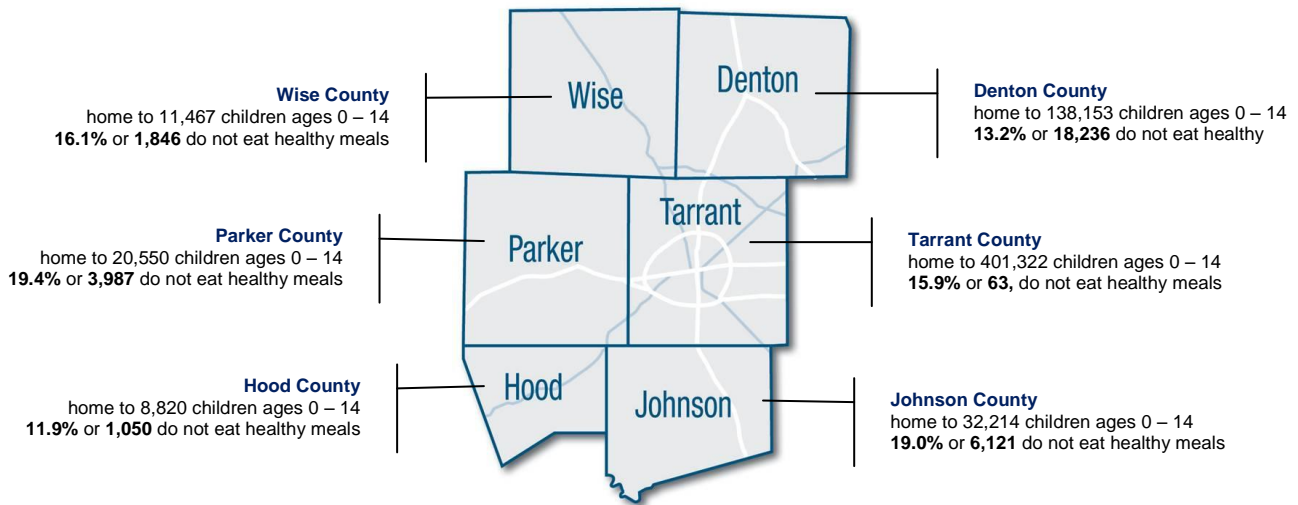
### Does where children live influence eating healthy meals?

Denton, Hood, Johnson, Parker, Tarrant and Wise Counties, Texas

Number: 18

November 2009

Some studies suggest that the location of home affects access to healthy meals. When CCHAPS asked, "do you believe this child eats healthy meals?" 15.5% of the parents across the CCHAPS region said, "No." Overall, almost 95,000 children ages 0 -14 in our community do not eat healthy meals. By county,



#### CONCLUSIONS:

Estimated population growth means that more than 107,000 children will not eat healthy meals by 2013.

There is no clear pattern of children eating healthy meals in our 6-county community. More rural communities – assumed to have greater access to fresh foods – do not make healthier meal choices.

We need to better understand why there are differences in how parents make choices about their children eating healthy meals across our community.

**Source:** CCHAPS 2008 at [www.cchaps.org](http://www.cchaps.org) accessed October 2009.  
CCHAPS is a random household survey reporting responses from 7,439 families with a child aged 0 – 14

Provided for the benefit of the children in our community by

