**General Health & Access**

- **9 in 10** children (ages 0-14) in Johnson County had ‘excellent’ or ‘very good’ health, according to their parents.
- **95%** of children had a Primary Care Provider.
- **60%** had very easy access to immunizations.
- Nearly **2,800** were uninsured at some point during the year.
- Nearly **3,900** have specialized healthcare needs.

**School Age Children (5-14)**

- **77%** had 4 or more days of physical activity in the last week.
- **58%** had 2 or more daily servings of fruits.
- **61%** had 2 or more daily servings of vegetables.
- **78%** of parents said their child **eats healthy meals** most of the time.
- **68%** had 5 or more family meals together in the last week.
- **54%** watched TV for 1 or more hours.
- **40%** played video games for 1 or more hours.
- **10%** of parents are concerned their child is overweight.

**Parents of Young Children (0-5)**

- **76%** of parents are coping very well with parenthood.
- **96%** of parents have day-to-day emotional help & support with parenting.
- **17%** of parents didn’t know if child was buckled up properly.
- **60%** of parents lock up medications.

**Community**

- **80%** have neighborhood grocery stores with fresh fruits/vegetables.
- **87%** have safe parks and outdoors areas for children to play.

**Mental Health**

- **11%** of children (ages 5-15) diagnosed with mental illness or disorder.
- **16%** of children (ages 0-15) received assistance for mental illness, behavioral, emotional, or developmental problem.

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Report prepared by Child Health Evaluation in Cook Children’s Center for Children’s Health, March 2019. CCHAPS is a triennial survey, administered to parents of children (ages 0-14) in the CCHAPS Region (Tarrant, Denton, Johnson, Parker, Hood, Wise Counties) to provide a representative assessment of parent perception and health characteristics of children. Findings are representative of Johnson County children ages 0-14 (US Census Bureau 2010 Population: 35,160). For more information about this report or other counties’ findings, contact Blair Murphy at blair.murphy@cookchildrens.org or visit centerforchildrenshealth.org.